Business Name

Website Highlights

Safety

Special points of interest:

- Safety, Endurance and Exercise
- Gift Card Problems

More about our Safety, Endurance and Exercise Page

We have a section on our resident website that will help you in your day to day living here at Ann's Choice. On our home page, scroll down near the bottom and click on Lots More and then Safety.

You can get email updates on health and safety. It is free and you can disenroll at any time. Just click on the blue button Enroll Now. If you click on the picture of drugs you go to a website all about health and safety. There is also good information about fall prevention for seniors and a section on exercising in the hot summer weather.



ACT III Players, Singers and Speakers

Inside this issue:

Act III Inside Story

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Good news about the Act III performance group. They have now organized into three divisions—Players, Singers and Speakers.

The first to be up and running are the singers. They will be

rehearsing on Saturday mornings at 11 a.m. in the Keystone Music Room and are planning a concert in late June. All who enjoy singing 4 part choral music are welcome to join us. The directors are residents, John and Ann Keesey. Call them at 614-580-2411.





The lower the gift-card amount, the more likely we are to spend more than the amount gifted.

The Problem With Gift Cards

Unused gift cards earned retailers billions ents planned to spend of dollars. Retailers are at least \$50 more than expecting more than \$1 the face value of the trillion to be loaded on- cards they received. to gift cards this year. Almost half of US adults ing gift cards. Use up have at least one unused gift card. In the meantime, the retailer has the money you were gifted--essentially an interest-free loan. Also, it seems the lower Page. the gift-card amount, the more likely we are to spend more than the amount gifted. In a recent survey, more than

41% of gift-card recipi-To fight back, stop buythe cards you already have and ask loved ones to stop giving you gift cards. To see more tips, visit ACResidents.org, then Tech

Silent Flyers



We've come a long way, baby! I can remember the balsa wood planes of my childhood in the 40's. The Ann's Choice Radio Club now includes trucks, planes, drones, helicopters and vehicles of all types. Wear

We are always welcoming new members. Our meetings are on Tuesdays at 10 a.m. in the Keystone Craft Room. Call Mike Droluk at 267-387-8119 before 8 p.m.