## A Publication of the Anns Choice Resident Website ACResidents.org

## **Website Highlights**

# What's all the racket about? PICKLEBALL

### Special points of interest:

- Pickleball
- Kris Kringle

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One of the latest fitness activities is alive and well at Ann's Choice. Pickle-ball was invented by three fathers in Washington State in 1965 who were sick and tired of hearing their kids complain that they were bored. So they created a mashup of Ping-Pong, tennis and badminton to keep them busy and It worked. Today there are 4.8 million "picklers" in the United States. All you need to play is a paddle, a ball and three friends. A box by the Pickleball court holds all the supplies you will need.

How to talk like a Pickler:

FLAPJACK—For each serve and return of serve, players must allow the ball to bounce before they hit it. Those bouncing starters are called flapjacks.

DILLBALL—An incoming ball that has bounced once and is available for you to thwack.

THE KITCHEN—a 7-foot zone on either side of the net, where you are forbidden to hit the ball unless it has bounced first. This rule prevents smashes from the kitchen, which are unfun and dangerous at close quarters.

DINK SHOT—An annoying shot in which the ball is plinked from your kitchen into your opponents' with little hope of return.

OPA—After two bounce-hit sequences, players may shout "OPA!" to signify that from now on it's OK to hit a ball out of the air (unless you are standing in the kitchen, in which case you need to review the pickleball rules.) PICKLED—If you fail to score any points in a game, you've been pickled. But that will remind you: It's time for cocktail hour with your friends.

#### 5 STEPS TO ONLINE SECURITY

Change your passwords at least once a year. Prune your accounts. Look at your list to see any you are unlikely to use again and close them out. Start with all the retailers, restaurants and service providers. Upgrade your passwords. Never use the same password twice and make it longer and more random. Keep a password journal in a safe place in your apartment. Sign up for two-step verification of your online accounts. To sign up, log into your account and go to your personal settings; usually there is a link there to set up this service.

### Warminster Kris Kringle Holiday Market





Local Harvest Pizza



Wags Rescue

The Warminster Kris Kringle Market is an event not to be missed. The grandkids will love the Holiday Petting Zoo and the Bonnie Famous Balloon Twister. Don't miss the yummy pizzas from Local Harvest Pizza or the Famous Cookie Creamery. All leashed pets are welcome and Horsham Pet Dog Park will be there with the Furry Friends Holiday Pet Photos.

BOO! The annual Guim Halloween Extravaganza is fast coming up. Look for it on our Resident Website in the coming weeks. All proceeds go towards the Benevolent Care Fund.





