



To support the Jewish community spiritually, provide opportunities for religious and additional experiences, and encourage social interaction. To nurture respect, understanding and friendship among all residents and faith groups at Ann's Choice.

July 2023
Tammuz/Av 5783

**Monday, July 3: Joe Shrager Memorial *Torah* Study, Liberty Commons Art Room
2 p.m. Class-led discussion.**

Tuesday, July 4: 

**Friday, July 7: *Shabbat* Services 4 p.m.— In the Chapel or on Channel 980
Torah portion: *Pinchas* *D'var Torah* delivered by Gloria Salmansohn**

**Monday, July 10: Joe Shrager Memorial *Torah* Study, Liberty Commons Art Room
2 p.m. with Rabbi Kohn**

**Friday, July 14: *Shabbat* Services 4 p.m.—In the Chapel or on Channel 980
Torah portion: *Matot-Masei* *D'var Torah* delivered by Steve Capin**

**Monday, July 17: Joe Shrager Memorial *Torah* Study, Liberty Commons Art Room
2 p.m. with Rabbi Kohn**

Wednesday, July 19: *ROSH CHODESH AV*

**Friday, July 21: *Shabbat* Services 4 p.m. — In the Chapel or on Channel 980
Torah portion: *Devarim* *D'var Torah* delivered by Barbara Steiner**

Wednesday, July 26: JRC Lecture Series 2 p.m. in the PAC with Michael Tabachnick, discussing Genesis and the Big Bang

EVERYONE WELCOME

**Friday, July 28: *Shabbat* Services 4 p.m.—In the Chapel or on Channel 980
Torah portion: *Vaetchanan* *D'var Torah* delivered by Susan Sultanik**

SHABBAT NACHAMU

THANK YOU TO THE FOLLOWING FOR THEIR VERY GENEROUS DONATIONS TO THE JEWISH RESIDENTS' COUNCIL:

BY

Joan Winokur
Shirley Horowitz
Tamar Adini
Judith Borochaner

Betty and Bernard Roseman
Delcy Weinberg
Fischel Myers
Rochelle Wismer
Roberta Dunaief

IN MEMORY OF

Anna Winokur
my family's *Yahrzeits*
Dr. Uziel Adini, beloved husband
Jacob Borochaner, beloved grandson
Eli Borochaner, beloved father-in-law
Jack Roseman, beloved brother
Sidney Weinberg, beloved husband
all my dear departed
Mildred Horn, beloved mother
William Dunaief

THANK YOU TO THE FOLLOWING FOR THEIR VERY GENEROUS DONATIONS TO THE JEWISH RESIDENTS' COUNCIL:

BY

Sondra Zuckerman
Lela and Donald Seidel

Carole Goldstein
Natalie Gordon
Nurit and Steven Binenbaum

IN HONOR OF

my family members
the birth of Lurie & Steve Capin's great granddaughter,
Kinsley Sage
Hilde Goodstein's 90th birthday
the 90th birthday of Dick Alexander
Shoshana Gruen's very special birthday

****HAPPY BIRTHDAY****

Ada Fishman, Barbara Rosenblum, Toby Adler, Carol Schnitzler, Peter Worms, Brenda Cohen, Saul Katz, Shelly Wismer, Shoshana Gruen, Mary Ann Weisser, Ann Kalmanor, Diana Hellinger, Arthur Fentin, René Stein, Barbara Josephs, Kate Korn, Anne Broad and Frances Gewertz

If your name is not on the list, please let me know your birth date and you will be included next July.

MISHEBERACH
WE PRAY FOR HEALING

For all our residents who are ill, in the hospital or in RG or other nursing homes

*****Yahrzeits for Tammuz/Av*****

During the time from 12 *Tammuz* to 13 *Av*, we remember our friends and family who are no longer with us. Please honor them by attending Shabbat Services and saying the Kaddish:

Adelheide Benjamin, Aaron Brint, Louis Baum, Richard Glicksman, Hyman Levick, Sheila Coles Neibauer, Jean Joseph, Henry Worms, Sheldon Klein, Lillian Emdler, Anna Berman, Avraham Kofman, Deborah Krauss, Mollie Goldberg, Eva Lashner, Ronald Sklonik, Dinah Bloom, Benjamin Winokur, Jordan Davis, Rose Pincus, Bessie Salem, Morton Ceaser, Meyer Shapiro, Stanley Steiner, Ruth Lowenthal, Chaya Gelman, Richard Pressel, Jacob Glicksman, Max Benowitz, Morris Feldman, Max Bloom, Vera Lederman, Sidney Markowitz, Milton N. Wolis, Ralph Cohen, Philip Grand, Bella Abeloff, Marvin Gelb, Lottie Friedheim, Barney Davis, Edward Gary Jacobs, David L. Maitin, Jerome Drobbin, Benjamin Hoffman, Sarah Goldstein, Morton Kushner, Fannie Milgram

If there are errors or additions, please put a note in Phyllis Halpern's cubby-- WP 108.

**May all their memories be for a loving blessing, and their lives
be an inspiration to us all.**



PRESIDENT'S MESSAGE

We are currently working on getting a new Memorial book to be ready for *Yom Kippur, 2023*. In the next few weeks or so, you will be getting a form for the Memorial book. If the information is correct, just return it to me, Phyllis Halpern, JRC President, at your front desk. Please make any corrections, additions or deletions. Also note anyone who passed away from September 2022 to now.

I want to thank Miriam Schwartz for all her help getting the *Oneg Shabbat* ready for us. All your efforts are greatly appreciated.

I hope everyone is having a great summer so far and staying well and safe. Watch for information about High Holidays which are coming in early September.

B'Shalom



WP 108

presidentjrc@yahoo.com

The JRC Board Members

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If you meet new residents who are interested in joining us, please refer them to Sandy Sham, Membership Chair.

What's Happening in the JRC



HAPPY INDEPENDENCE DAY



“American Judaism: Four Paths”

Dr. Reena Sigman Friedman

Ann's Choice

May 31, 2023

We had a great lecture with Dr. Reena Friedman. There were many questions and comments after her presentation. Hopefully, she will return in the future to add to her presentation.

DO YOU NEED A GIFT?

The JRC has partnered with the Weitzman National Museum of American Jewish History Gift shop to be able to receive a 10 percent of any purchase made either in person or on line for any item the gift shop carries. People should be sure and mention at the time of purchase that they are affiliated with the Jewish Residence Council at Ann's Choice so that we receive credit for their purchase. You do not have to be a member of the museum in order for us to receive credit for your purchase. Please consider utilizing the gift shop for the benefit of our Jewish community here at Ann's Choice. Just log onto shoptheweitzman.org to get to the website.



FCAS is the [Foundation to Combat Antisemitism](#). Their mission is to win the hearts and minds of non-Jews and Jews through powerful positive messaging and partnerships, motivating and equipping them to be defenders of and upstanders for the Jewish community. You will be receiving their pin in your cubbies! Wear the pin proudly to show that you want to fight Antisemitism!

PASS THE SALT, PLEASE

By Nina Haydel

Having grown up in an Orthodox Jewish environment, I had the common experience of watching my grandparents throw salt over their shoulder, utter “po-po” when a compliment was given, and *ken-eyin-o'hara*, to prevent something bad from happening. I recall my great-aunt tying a red ribbon onto the crib of my first child to bring her good luck. That results from the belief that the red ribbon protects the female child from the wrath of Lilith, Adam’s first wife, to prevent Lilith from sneaking in and stealing the baby girl. She was never interested in little boys.

Recently, on CNN, I heard an authority on CIA anti-terror activities punctuate his discussion with “God willing . . .,” a common evocation for the authority of the Omnipotent. Such superstitions have been part of every society’s cultural heritage, inherited from ancestors, although the logic behind the ideas has dissipated throughout the ages. Whether you believe in them or not, superstitions have crept into our lives and often, without recognizing them, we find ourselves participating in so many of these, laughingly considering them merely customs.

Over the years, history books have revealed famous people who demonstrated their favorite superstitions. The writer and creator of the dictionary Samuel Johnson never entered a house with his left foot and never stepped on a crack in a street or sidewalk (Remember our childhood rhyme: Step on a crack and break your mother’s back?) Sir Winston Churchill was known to pet black cats for good luck; yet, Napoleon Bonaparte had a fear of both cats and the number 13. The Irish Nationalist leader Charles Stewart Parnell never signed any legislative bill with 13 clauses. President Franklin D. Roosevelt feared 13 so much that if he found a luncheon group reduced to 13 attendants, he would invite his secretary to avoid having 13 at the table. Even today, numerous hotels have no 13th floor; airplanes have no 13th row. For many, an amulet, the horseshoe is considered good luck: Admiral Lord Nelson had a horseshoe tacked to the main mast of his ship, while President Harry S. Truman had one over the door of the Oval Office in the White House. Cornelius Vanderbilt had the legs of his bed placed into dishes of salt to chase evil spirits away, while Somerset Maugham had the “evil eye” symbol carved into the mantle of his fireplace, used it on his stationery and had it stamped into his books. I bought our daughter Valerie an evil eye bracelet at Macy’s, not only because it is beautiful, but she loves the idea behind wearing it. Therefore, though you may think yourself immune from superstitious behavior, stop and think of how often you say “God bless you” when someone sneezes, whether you believe in God, or not. This superstitious behavior has led to an almost universal tradition. So, where did these superstitions originate? After much research, I offer you the outgrowth of human fear and imagination that manifested itself in our common superstitious actions:

Knock on wood is a kind of *ken-eyin-o'hara*, but with a physical presence. Many believe if one acknowledges good fortune, that will jinx the experience. This physical activity rises from the Pagans’ belief that trees have spiritual properties, and these spirits die when trees

are cut down. At this point, evil spirits take over the hollow tree and plan to ruin local residents' hopes and dreams. The rapping on a tree or on some wooden product of a tree will drive away malevolent spirits and avoid potential problems. So, keep knocking; we can use all the protection we can get.

Someone near you sneezes and you automatically respond, "God bless you." That superstitious response dates back to Pope Gregory the Great, during the bubonic plague epidemic of the Sixth Century. Did you know that a good sneeze expels evil spirits? It was believed that when someone sneezes, the soul escapes the body and the heart momentarily stops. The phrase "God bless you" actually welcomes the soul back to the body and the person back to life. Be careful during flu season.

Yes, Judas brings us to the history of salt! What is the connection of salt, something so essential in our lives? Back in 3,500 B.C.E., Sumerians nullified bad luck by throwing salt over their left shoulder. Common thought placed the devil behind the left shoulder, so if one "wasted" precious salt by "throwing it away," he or she, in reality, attempted to blind the devil with salt. Roman soldiers were given special allowances for salt rations, called *salarium* or "salt money." Thus, we have the origin of our word "salary." Because salt was so valuable, we, until today, refer to the value of a person by saying, "He is not worth his weight in salt." How much do you weigh in salt?

In addition to other superstitions, countless talisman and amulets (lucky coins), religious metals (saints' charms and *mezuzahs*), animal parts (rabbit's foot) plant life (four-leaf clover) add to the mysteries of superstitious behaviors. Amazingly, ancient Greeks allegedly instituted the practice of putting candles on birthday cakes. These candles were lit to make the round cake look like the moon and honor the moon goddess Artemis, who brings good luck. I hope the more candles on the cake the greater my good luck, since my next birthday carries a heavy flame.

Each has its story and offers tantalizing expectations. As we have become more sophisticated, we often scoff at these relics from the past. Just note: In *The Book of the Pious*, Sefer Hasidim wrote: "One should not believe in superstitions, but it is best to be heedful of them." So, pass the salt, please.



To support the Jewish community spiritually, provide opportunities for religious and additional experiences, and encourage social interaction. To nurture respect, understanding and friendship among all residents and faith groups at Ann's Choice.

DONATION FORM

Enclosed is my donation of \$ _____ for:

- Honor Memorial/Yahrzeit General Fund
- JRC Scholarship Oneg Shabbat Other

In Honor of _____

In Memory of _____

Signed _____

Put the form and check **PAYABLE TO JRC** in an envelope **MARKED: MIMI TRAVIS, TREASURER, JRC DONATION** and give to: **FRONT DESK STAFF IN YOUR CLUBHOUSE** who will route it to the JRC.

Your Name(s) _____

Cubby Number _____

Phone # _____